

# Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Place of work \_\_\_\_\_

Special dietary needs \_\_\_\_\_

IBCLC# \_\_\_\_\_

## Pricing (please tick)

Full Registration – \$245

Earlybird Registration – \$205

(Earlybird Registrations by January 10th 2020)

Student Registration – \$205

Student Earlybird Registration – \$185

(Earlybird Registrations by January 10th 2020)

TOTAL AMOUNT: \$ \_\_\_\_\_

## Payment options

Cheque  Money Order  Credit Card

Card type:  Visa  Mastercard

\_\_\_\_\_ / \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

\_\_\_\_\_ CVV \_\_\_\_\_

Card Holder's Name \_\_\_\_\_

## It's easier to book online!

To book online go to: [www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

Cheque or Money order can be made payable to:  
Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:  
41 Heath Marsh Road, Panmure, Vic 3265  
ABN 83 820 560 346 – Barbara Glare

## Accreditation:

IBCLC CERPs and ACM CPDs have been applied for.

## Cancellation Policy

To claim the earlybird price please note you must register AND PAY before the earlybird cut off date.

Cancellations advised 30 days prior to the conference will receive a refund less \$60 admin fee.

You may use the full cost of the conference as a credit for another Breast-feeding Conferences Conference.

You may transfer your registration to another person, but you must advise us of this prior to the conference.

Please make sure you secure your registration for this conference before you book airfares and hotels. We cannot be responsible if the conference is sold out.

[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)



# Infant Feeding and Allergy

**Date:** Monday Feb 17th

**Venue:** Fraser Suites Perth  
10 Adelaide Terrace, Perth WA 6004 Australia



# Program

9.00 am	<b>Valerie Verhasselt</b> – Breastfeeding: Personalised medicine with long term influence on immune health
10.00 am	<b>Debbie Palmer</b> – Can maternal diet during breastfeeding help the prevention of food allergies in babies?
11.00 am	Morning tea
11.30 am	<b>Meghan Azad</b> – Breastfeeding – Human Milk Bioactives and the Developmental Origins of Atopic Disease in the CHILD Cohort
12.30 pm	Lunch
1.30 pm	<b>Joy Anderson</b> – Practical considerations for the food sensitive breastfed baby
2.30 pm	<b>Maureen Minchin</b> – Allergy: Myths and mistakes
3.30 pm	Panel discussion
4.00 pm	Close

# Speakers

## Joy Anderson AM Dietitian IBCLC

Joy has been an International Board Certified Lactation Consultant since 1991 and an active volunteer Australian Breastfeeding Association (ABA) counsellor since 1987. In 2008, she qualified as an Accredited Practising Dietitian from Curtin University of Technology, WA. In 2013, Joy was awarded Member of the Order of Australia for her service to the community through work for the Australian Breastfeeding Association.

Joy has a special interest in adverse food reactions in breastfed babies. In 2016, Joy retired from a part-time private practice in Perth, WA. In this role, she was unique, being the only dietitian and IBCLC in private practice in Australia focusing on adverse food reactions in breastfed infants. In 2016 she also published a book about food-sensitive babies, which she recently updated with a second edition.

## Dr Meghan Azad PhD

Dr Meghan Azad holds a Canada Research Chair in Developmental Origins of Chronic Disease. She is an Assistant Professor of Pediatrics and Child Health at the University of Manitoba. Her research program ([www.azadlab.ca](http://www.azadlab.ca)) is focused on the role of infant nutrition and gut microbiota in the development of asthma, allergies and obesity. Dr. Azad co-leads the Manitoba site of the CHILD Study ([www.childstudy.ca](http://www.childstudy.ca)), a national pregnancy cohort following 3500 children to understand how early life experiences shape lifelong health. She is directing multiple projects related to lactation and infant feeding practices in the CHILD cohort, including integrated studies linking human milk composition and gut microbiota with epigenetic profiles and clinical phenotypes. Dr. Azad is an active member of the Breastfeeding Committee of Canada and the Winnipeg Breastfeeding Network, and she serves on the Executive Council for the International Society for Research in Human Milk and Lactation.

## Maureen Minchin BA(Hons), MA (Melb), TSTC

Maureen Minchin is a medical historian and pioneer lactation consultant who has been involved globally at the highest levels with infant feeding issues since the 1970s. She has been a consultant to international bodies such as the World Health Organization (WHO) and the United Nations Childrens Fund (UNICEF). Her books *Food for Thought* (1982-1992) and *Breastfeeding Matters* (1985-1998) have been influential world-wide. Her latest book is *Milk Matters: infant feeding and immune disorder*. This multi-disciplinary text argues that a milk hypothesis encompasses the hygiene hypothesis, and documents the many

risks and harms of artificial feeding, while also providing practical strategies for parents struggling with the unhappy food-hypersensitive babies common in communities where formula feeding is entrenched.

## Dr Debbie Palmer BSc, BND, PhD

Dr Debbie Palmer is head of the Childhood Allergy and Immunology Research Group at the Telethon Kids Institute, Perth, Western Australia. The primary research focus for this research group is investigating nutritional and environmental strategies for allergic disease prevention. The research group conducts randomized controlled clinical trials, mechanistic studies, and translatable research activities, all with the goal of reducing the rising burden of early-life allergic diseases in our Australian community. Current trials focus on the immunomodulatory nutrients of vitamin D and prebiotics, and on maternal and infant food allergen consumption of eggs, peanuts and cashew nuts.

## Valérie Verhasselt MD PhD

Professor, Chair in Human Lactology, Valerie Verhasselt is a full time academic in the School of Molecular Science at the University of Western Australia (UWA). She leads a team performing translational and multi-disciplinary research aimed at understanding the mechanisms driving immune ontogeny and long-term health. She was trained as a Medical Doctor (1992), pursued a specialisation in Internal Medicine (2000) and gained a PhD in Immunology (1999), from the Université Libre de Bruxelles (ULB), Belgium. In 2008, she obtained a tenured researcher position at Institut National de la Santé Et de la Recherche Médicale (INSERM, France) and founded a team on Immune Tolerance at the Hôpital de l'Archet (Nice, France) in 2012. In 2017, she was appointed the Larsson-Rosenquist Chair in Human Lactology at the University of Western Australia, the first in the world.

Valérie Verhasselt has pioneered the field of translational research on the prevention of Allergy by breastfeeding and extended this to the understanding of the influence of early nutrition on mucosal immune ontogeny and long-term immune health. The excellence of her research expertise in this field has been acknowledged by the appointment as Chair, as well as by prestigious awards by the French Academy of Science, the French Academy of Medicine and the French government institute INSERM. Her research has resulted in > 65 publications in prestigious journals such as in *Nature Medicine*, *Lancet Infectious Disease*, *Gut*, *JACI*, *JAMAPed* (> 2,500 citations). Importantly, ethics, respect, generosity and humanity are the drivers of her scientific career.